

Curriculum vitae et studiorum

Personal Information

Name Surname

Vanarani Saminathan

Education, training

| <u>Period</u> | <u>Institution name and location</u> | <u>Title of qualification awarded</u> |
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| Oct 2022 – Sept 2024 | Università degli Studi di Cagliari, Italy | Master's degree in international relations. Principal subjects: Geography of resources, English language 2, Spanish language 2, International relations, Contemporary international history, Sociology of development, European integration, Socio-economic indicators, Middle eastern history, conflicts and revolutions, Laboratory of European project planning, international politics of Asia Thesis: "The role of Sri Lanka in the belt and Road Initiative: strategic implications and economic opportunities". Marks: 100/110 |
| Jan 2017 – Oct 2022 | Eastern University, Sri Lanka | Bachelor of Arts, in Arts and culture Principal subjects: Political science, Sociology, Hindu civilization. Thesis: "Report on the Services of the Batticaloa West Zonal Education Office." |
| Aug 2013 - Aug 2015 | BT/ST.Joseph's collage Thannamunai, Sri Lanka | General Certificate of Education (Advanced Level) exam Principal subjects: Tamil literature, Political Science, Hindu civilization |

Professional experience

| <u>Date</u> | <u>Title / Main themes</u> | <u>Workplace, Main activities and responsibilities</u> |
|------------------------------------|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01-April-2024 – 10-Feb-2025 | Volunteer cultural assistant | SARDINIA PRO ARTE Association Activities: organizational support, secretarial assistance, event management, cultural promotion, and educational activities. |
| 01 October 2022 – 21 December 2022 | Tutor | Somascan Father Miani Nagar, Batticaloa, Sri Lanka. Activities: History and Tamil courses |
| 15 March 2022 – 10 August 2022 | High School Teacher | St. Michael's College National School, Batticaloa (Sri Lanka) Activities: Teacher for Grade 5 boys (age 10) Subjects taught: Tamil, Mathematics, Environmental Studies, Hindu Religion |
| 20 May 2021 – 15 Jan 2023 | Volunteer Social service | Somascan Sisters Miani Nagar, Batticaloa, Sri Lanka. Activities: Account management, program coordinator, |
| 5 June 2021- 10 Dec 2021 | Volunteer Teacher | Somascan Montessori (Sri Lanka) Activities: Assisted in teaching and classroom activities for young children Supported social and educational development programs |
| 4 January 2021 – 2 April 2021 | Internship in education department | Batticaloa West Zonal Education Office, Govt of Sri Lanka Activities: Statistical and data analysis. |
| 2 August 2016 – 10 December 2016 | Internship | Divisional secretariat Office, Govt of Sri Lanka. Activities: Statistical and data analysis. |

Certificates and Short Courses

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|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| 06-Sept-2020 | Sri Lanka Kabaddi Federation – Coaches Accreditation & 'D' Grading Kabaddi Course |
| 16-02-2022 | Diploma in Advanced English -International College of Business &Technology CAMPUS, Batticaloa, Sri Lanka. (Merit) |
| 25-01-2023 | Diploma in Information & Communication Technology-International College of Business & Technology CAMPUS, Batticaloa, Sri Lanka. (Distinction) |
| 07-07-2014 | District level English language competition – 2 nd place |
| 25-June-2024 (April 2024 – June 2024) | Italian Course - ERASMUS/GLOBUS A.A.2023-2024 Livello Level A2, 4 cfu. Università degli Studi di Cagliari, Italy. (Marks: 30/30) |

Personal skills and competences:

Mother tongue TAMIL

| | Comprehension | | Spoke | | Written |
|---------|---------------|---------|------------------|-----------------|---------|
| | listening | Reading | Oral interaction | Oral production | |
| English | C2 | C2 | C2 | C2 | C2 |
| Italian | B1 | A2 | B1 | B1 | A2 |

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| Social skills and competences | <p>Hardworking and committed to achieving goals through consistent effort</p> <p>Amiable and respectful in both personal and professional interactions</p> <p>Quick to adapt to multicultural and diverse environments</p> <p>Able to build positive relationships and work collaboratively with people from different backgrounds</p> <p>Open-minded and willing to learn from others</p> |
| Organizational skills and competences | <p>Self-motivated with strong leadership qualities</p> <p>Excellent team worker, able to collaborate and contribute effectively</p> <p>Capable of organizing tasks and managing responsibilities efficiently</p> |
| Technical skills and competences | <p>Experience in public speaking, presentations, and academic discussions</p> |

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| | Effective time management and organizational abilities, particularly in independent study |
| Computer skills and competences | Proficient in Microsoft Office Suite (Word, Excel, PowerPoint) Basic knowledge of data analysis tools (e.g., Excel statistics functions) Experience with online learning platforms and research databases (e.g., Google Scholar) Able to format academic documents professionally (including footnotes, citations, and tables) Basic familiarity with Canva tool |