



Pasquale Paribello

About me:

I am a psychiatrist with an interest in research and in exploring different training methods across Europe. I am always looking for new ways to integrate basic science knowledge into my clinical practice.

WORK EXPERIENCE

29/12/2017 – 10/01/2022

PSYCHIATRIC TRAINEE, MEDICAL DOCTOR – UNIVERSITY OF CAGLIARI

National recruitment exam for medical postgraduate education 1127/14435 (92nd percentile) Scuole di Specializzazione in Medicina-SSM 2017)

Psychiatric Trainee:

- responsible for performing an initial screening visit to the patients;
- responsible for proposing referrals, changes in therapy, blood tests, and to regularly fill prescriptions;
- psychiatric emergency service in the community together with the Law Enforcement Agencies (Carabinieri, Polizia Municipale);
- involvement in research activities.

Cagliari, Italy

01/06/2021 – 30/11/2021 – Sarroch, Italy

PRIMARY CARE SERVICE OUT-OF-HOURS (CONTINUITÀ ASSISTENZIALE) – ATS SARDEGNA

- Refilling medication prescription
- Providing out-of-hours primary care
- Collaborate with local emergency services

EDUCATION AND TRAINING

12/09/2007 – 24/03/2015

DOTTORE IN MEDICINA E CHIRURGIA (DOCTOR IN MEDICINE AND SURGERY) 110/110 CUM LAUDE – University of Cagliari

25/11/2021

CERTIFICATE OF BASIC LIFE SUPPORT FOR HEALTH PROFESSIONALS FROM THE ITALIAN RESUSCITATION COUNCIL

12/2017 – 01/2022 – Cagliari, Italy

SPECIALIST PSYCHIATRIST 50/50 CUM LAUDE – University of Cagliari

● LANGUAGE SKILLS

Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH - OCCUPATION ENGLISH TEST 14/07/2018	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● DIGITAL SKILLS

Microsoft Word | Power Point | Microsoft Office | Social Media | R (programming language) | Microsoft Excel

● PUBLICATIONS

The Elderly and the City: Lack of Knowledge on Violence Perception and Consequences on Daily Life.

doi: 10.2174/1745017901814010046. PMID: 29541151
2018

Bramanti A, D'Aloja E, Cabras F, Paribello P, Moro MF, Lindert J, Carta MG. Clin Pract Epidemiol Ment Health.

Pharmacological management of depression in patients with multiple sclerosis.

doi: 10.1080/14656566.2018.1516207. PMID: 30207800
2018

Carta MG, Paribello P, Anastasia A, De Berardis D, Nardi AE, Fornaro M. Expert Opin Pharmacother.

How promising is neuroactive steroid drug discovery?

doi: 10.1080/17460441.2018.1518974. PMID: 30221545
2018

Carta MG, Paribello P, Preti A. Expert Opin Drug Discov.

Current pharmacotherapeutic approaches for dysthymic disorder and persistent depressive disorder.

doi: 10.1080/14656566.2019.1637419. PMID: 31290333
2019

Carta MG, Paribello P, Nardi AE, Preti A. Expert Opin Pharmacother.

Investigating the relationship between melatonin levels, melatonin system, microbiota in BD.

doi: 10.1186/s40345-019-0163-y.PMID: 31814040

2019

Manchia M, Squassina A, Pisanu C, Congiu D, Garzilli M, Guiso B, Suprani F, Paribello P, Pulcinelli V, Iaselli MN, Pinna F, Valtorta F, Carpiniello B, Comai S. *Int J Bipolar Disord.*

The Impact of Alexithymia on Treatment Response in Psychiatric Disorders: A Systematic Review.

doi: 10.3389/fpsy.2020.00311. PMID: 32372987

2020

Pinna F, Manchia M, Paribello P, Carpiniello B. *Front Psychiatry.*

Exploring the Role of Gut Microbiota in Major Depressive Disorder and in Treatment Resistance to An

doi: 10.3390/biomedicines8090311. PMID: 32867257

2020

Fontana A, Manchia M, Panebianco C, Paribello P, Arzedi C, Cossu E, Garzilli M, Montis MA, Mura A, Pisanu C, Congiu D, Copetti M, Pinna F, Carpiniello B, Squassina A, Paziienza V. *Biomedicines.*

Telomere attrition and inflammatory I. in severe psychiatric dis. and in response to psychotropics.

doi: 10.1038/s41386-020-00844-z. PMID: 32919410

2020

Squassina A, Manchia M, Pisanu C, Ardaù R, Arzedi C, Bocchetta A, Caria P, Cocco C, Congiu D, Cossu E, Dettori T, Frau DV, Garzilli M, Manca E, Meloni A, Montis MA, Mura A, Nieddu M, Noli B, Paribello P, Pinna F, Robledo R, Severino G, Sogos V, Del Zompo M, Ferri GL, Chillotti C, Vanni R, Carpiniello B. *Neuropsychopharmacology.*

Anatomical distribution and expression of CYP in humans: Neuropharmacological implications.

doi: 10.1002/ddr.21778. PMID: 33533102

2021

Fanni D, Pinna F, Gerosa C, Paribello P, Carpiniello B, Faa G, Manchia M.

The Role of Gut Microbiota in the High-Risk Construct of Severe Mental Disorders: A Mini Review.

doi: 10.3389/fpsy.2020.585769. PMID: 33510657

2021

Sani G, Manchia M, Simonetti A, Janiri D, Paribello P, Pinna F, Carpiniello B.

Leukocytosis associated with clozapine treatment: A case series and systematic review of the literature

doi: 10.3390/medicina57080816. PMID: 34441022

2021

Paribello P, Manchia M, Zedda M, Pinna F, Carpiniello B.

Surviving to acute myocardial infarction: The role of psychological factors and alexithymia in delayed time to searching care: A systematic review

doi: 10.3390/jcm10173813. PMID: 34501261

2021

Sancassiani F, Montisci R, Preti A, Paribello P, Meloni L, Romano F, Nardi AE, Carta MG.

A review and meta-analysis of gene expression profiles in suicide

DOI: 10.1016/j.euroneuro.2021.12.003. PMID: 34923210

2022

Piras IS, Huentelman MJ, Pinna F, Paribello P, Solmi M, Murru A, Carpiniello B, Manchia M, Zai CC.

● **DRIVING LICENCE**

Driving Licence: B

● **ORGANISATIONAL SKILLS**

Organisational skills

Leadership abilities acquired in my daily clinical practice, capable of coordinating the combined efforts of General Practitioners, Administrators, Social Workers and various Specialists in order to deliver a comprehensive and compassionate care.

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication and interpersonal skills

I have been commended by my clinical supervisors for my compassion and my communication skills.

● **JOB-RELATED SKILLS**

Job-related skills

Good diagnosing skills displayed on a daily basis in our outpatient clinic, where we regularly collaborate with the General Practitioners in delivering primary care for our service users.